

Summer Training Runs for Cheetah Wolves and Jackals using footpaths, bridleways and country lanes

Distance: 6 miles, 8 miles, 10 miles.

Detailed Route descriptions. (Ref: West Yorkshire A-Z)

Run 1. Brockholes, Thurstonland, Farnley Tyas, Storthes Hall, Shepley.

Neiley, Cliff Wood, Brockholes Station, Duck hole, Birch Park, Across fields to Round Wood, Top of the Hill, Thurstonland, Ridge footpath to Hall Ing Rd, Path through gorse bushes and fields to Thurstonland Rd. Footpaths across Farnley Moor to Joinery factory. Farnley Rd. Full loop of Storthes Hall complex including Thunder Bridge Dyke, Shepley Mill Wood, Stoney Wood Lane. Footpaths to Kenneth Halls Farm, Thurstonland, Brockholes, Neiley.

6 miles Turn back (5.8): Cross Moor lane and take the path to Farnley Church. Turn right back to the joinery factory and then take footpaths to Blake House Farm, Paths to Marsh Hall Lane, cross the road to path to ridge, over the top, then down to railway bridge, path along railway to Brockholes station, Cliff Wood, Neiley.

8 miles Turn back (7.8): At Storthes Hall pavilion turn right alongside football pitch into wood. Follow paths to Wood Lane, cross road into Smith Wood, Blake House Farm, Paths to Marsh Hall Lane, Path to ridge, over the top, then down to railway bridge, path along railway to Brockholes station, Cliff Wood, Neiley.

Run 2. Oldfield, Wilshaw, Meltham Lane, Honley Old Wood, Mag-Brook, Cobbles, Alpine Corner, Steps, Honley Station.

Neiley, Turnpike, Footpaths to Oldfield and down to Cricketers. Across Dean Brook Rd. Up steps and cobbles past Netherthong School. Turn left immediately after Lea Lane, Lydgate Farm, paths to Wolfstone Heights. Turn right down crossroads. Turn left on Wilshaw Rd, then right down track, past Golf course towards Wood Nook, Take left Footpath to Slate Pits Wood, Fishing Dam to Meltham Mills. Cross Meltham Lane. Footpaths to Honley Old Wood, Loop around Mag Brook to Cobbles, spider alley, turn left to white bridge, then right to alpine corner. Up steps to station road, path past station to Hall Ing Lane, Neiley.

6 miles Turn back (6.26): After golf course take right path/track to Wood Nook Farm. Cross Wood Nook Lane into fields and follow paths to Meltham Lane. Go down road, then take footpath on left across fields to Hassocks lane. Moll Springs, Cobbles, Spider Alley, Neiley.

8 miles Turn back (8.1): Follow full route, missing out

Run 3. Thongsbridge, New Mill, Jackson Bridge, Scholes, Hepworth, Paris, Totties, Wooldale.

Neiley, Smithy Place, Riverside footpath to Caravan Park and Mytholm Bridge. Cut across through Spring Wood to Stoney bank mill, then up to New Mill Rd, Sinking Wood, up Thurstonland Bank to Occupation Lane then Right to Cold Hill Lane. Turn Right down Cold Hill Lane to Carr Gate' then right along path through Carr Wood to Coal Pit Lane. Across Penistone Rd to Spring Lane. Path on left past Oak Lees to Hole Bottom. Mill complex, Left footpath by New Mill Dyke to Hepworth Church. Footpath through Morton Wood to Scholes Moor

Footpaths to Paris, Totties, Wooldale, Holmfirth High, Footpath down to Mytholm Bridge, Neiley.

6 miles Turn back: At Mill complex take right footpath to greenhill bank. Allotments, Wooldale, Sycamore, Holmfirth High, Footpath down to Mytholm Bridge, Neiley.

8 miles Turn back (8.13): Mill Complex to Parkside. Paris Rd, Cherry Tree Walk, Footpath to Sandy Gate Farm and Sike Lane. Down Stake Lane Bank. Turn down path on left at Paddock Gate Farm, then footpaths to Cliff and on to New Mill Road. Cross Road and follow paths to Thongsbridge Church. Path past Thongsbridge cricket club into woods and then to Luke Lane. Footpath down to Mytholm Bridge, Caravan Park, Neiley.

Run 4. Castle Hill, Mellor Wood, Lumb Lane, Molly Car Wood, Farnley

Tyas, Thurstonland, New Mill, Thongsbridge.

9 miles: Neiley, under railway bridge then path through the woods and fields, cross Northgate and take paths to Hey Lane. Footpaths along side of wood, to Ogle. Cross road along Clough Hall Lane. Footpath on right down steep fields to Lumb Lane. Cross into fields leading to Molly Car Wood. Take path to left towards Royds House. Take path on right up Farnley bank to Woodsome Road. Cross road and take path on left up steep banking to Field Lane. At Farnley Cock cross into Cliffe Lane, then follow paths to Honley Lane. Turn left up to Glen Farm. Take footpath on right to West Wood, Cross Hall Ing Lane, then past the Llamas to Marsh Platt, Neiley.

6 miles Turn back (6.9): In Molly Car Wood Follow path straight ahead to Royd House Wood. As approaching Cliffe Lane, take the path to the right, over a number of stiles to Honley Lane. Turn left up to Glen Farm. Take footpath on right to West Wood, Cross Hall Ing Lane, then past the Llamas to Marsh Platt, Neiley.

Run 5. Honley Cobbles, Thirstin Rd, Hassocks Lane, Scotgate Farm, Meltham Edge, White Rose Woods, "Fishing Pond", Meltham Golf Course, Wilshaw, Netherthong, Oldfield, Neiley

Road to Strands Hairdressers, bridge across river, Spider Alley to cobbles. Cross Thirstin Rd to enter snicket by cottages. Take man-made path by new building development, continue to it's end by row of cottages. Climb steeply to meet Scotgate Rd. Up Hassocks Lane and take the first path to right just past Scotgate farm. Continue on footpath through heather and bilberries on "Meltham Edge". Continue to Clearing by communications mast at Wood Nook. Straight across, enter woods again and follow new man-made gravel path to its end at Knowle Lane industrial estate. Cross Knowle lane and follow footpath through private gate marked 'fishing club' into woods up to Meltham Mills reservoir. Loop of Golf course to join path at Honley Head, Wood Nook. Cross Wood Nook Lane into grass path to Meltham Lane. Turn right down to the red telephone box at Oldfield. Turn right across fields to Oldfield, Down the paths of Honley Moor, down to the chains on Far Banks, Turnpike, Neiley.

6 miles Turn back: At fishing pond, continue through woods to mast at Wood Nook, Cross Wood Nook Lane into grass path to Meltham Lane. Turn right down to the red telephone box at Oldfield. Turn left across fields to Hassocks Lane, Scotgate, Neiley. Back down through Honley woods, nearside path to Scotgate, fields to Oldfield, Netherthong, Grasscroft, Turnpike, Neiley.

8 miles Turn back (7.92): At fishing pond, Take right path along reservoir then up through golf course to telephone box at junction with Wilshaw Road. Take path on left through a garden leading to fields near Lower Greave farm to concrete path leading to Wood Nook, Cross Wood Nook Lane into grass path to Meltham Lane. Turn right down to the red telephone box at Oldfield. Turn left across fields to Hassocks Lane, Scotgate, Neiley. Back down through Honley woods, nearside path to Scotgate, fields to Oldfield, Netherthong, Grasscroft, Turnpike, Neiley.

Run 6. Brockholes, Top of the Hill, Blake House, Storthes Hall, Pavillion, Manor Road, Farnley Tyas, West Wood, Neiley

Neiley, Cliff Wood, Brockholes Station, Duck hole, Birch Park, Across fields to Round Wood, Top of the Hill, Thurstonland Ridge to footpath on right down to Thurstonland stone. Cross Marsh Lane into fields past Blake House. Turn right down Greenside Road to Wood End. Paths through Smith Wood to Wood Lane. Cross into Storthes Hall Woods and take path down to Thunder Bridge Dike. Paths back up to Pavillion, then along lane to Storthes Hall Lane. Cross into fields leading to Manor Road. Turn Right onto Toft Lane then up Field Lane to Farnley village. Cross into Cliffe Lane, then follow paths to Honley Lane. Turn left up to Glen Farm, Take footpath on right to West Wood, Cross Hall Ing Lane, Past the Llamas to Marsh Platt, Neiley.

6 miles Turn back: Cross into Storthes Hall woods and take path on left to cinder track. Turn left up through the fields to Farnley road, Joiners Shop, Brockholes Lane, Take path on right down to Hall Ing Lane, Llamas, to Marsh Platt, Neiley.

8 miles Turn back: After Pavilion take path to left up through the fields to Farnley road, Joiners Shop, Brockholes Lane, Take path on right down to Hall Ing Lane, Llamas, to Marsh Platt, Neiley

Run 7. Magdale, Spring Wood, Netherton, Dean Wood Clough, Intake Lane, Blackmoorfoot Reservoir Helme, Meltham Mills, Honley Wood, Hassocks Lane.

Neiley, Footpaths to Magdale, Footpaths to White Gate, Spring Wood, Scar Top Lane into Netherton, Chapel St, Roslyn Ave into Dean Clough Wood to Sandy Lane, Madgin Lane, Far Fields Lane, Footpaths to Crossland Edge. Cross Arborary Lane and follow path to Blackmoorfoot Reservoir. Turn Left down side of res, follow cutting to Slades Lane. Path to Helme Wood past Woodlands Farm. Footpaths past The Heys to Helme Lane. Footpaths to Mean Lane then on to Huddersfield Road Lane down to Huddersfield Rd, Meltham Mills, Footpaths up through Honley Wood, Hassocks Lane, Cobbles, Neiley.

6 miles Turn back: At Madgin Lane, take stile at side of holly bush. Down through woods to Healey House corner. Factory Lane to Pink Link. Into fields at side of Pink Link. Fields to Lea Lane at Netherton. Cross Lea Lane and up through snicket between houses to join path at Scar Top Lane. Back through Netherton Woods, Magdale, whitebridge, Neiley.

8 miles Turn back: Short cut to Bentley Rd into Honley Woods, Hassocks Lane, Neiley.

Run 8. Old Turnpike, Grasscroft, Oldfield, Cricketers, St Mary's Rd, Wolfstones, Wilshaw Rd, Town Hall Street Holmfirth, Thongsbridge, Caravan Park, Mag Wood, Neiley.

Old Turnpike, Turn right at cricket pitch, Grassmoor Fold, fields to Oldfield. Fields to Netherthong, Cricketers pub. Take path to left of pub, through St Mary's estate.

Shale path to left off Miry Lane. Left over stile, and keeping left, over fields up to a beech hedge out to Wilshaw Rd, nearly at Wolfstones. (Wolfstone Heights loop), Cross Wilshaw Rd, over stile and head diagonally up field. Right at farm track to farm. Take grass path to topside of farm into woods.

Following a weaving path down initially then steeply up through bilberry bushes to a stony track. Mark Bottoms Lane, then Holt Lane. At communications mast, follow track left all way down Wood Street to meet main Holmfirth Rd. Cross main Holmfirth road to Iron works on Bridge Lane, just before Summervale. Follow path at back of Iron works, past cricket pitch, past swimming pool, into woods at sands. Take steep path to right up woods to come out at Berry Bank Lane. Cross Miry Lane and take field to topside of cricket pitch into Longlands wood. Exit at Waterside housing development, Luke Lane. Mytholm bridge, caravan park, Mag wood, Neiley.

6 miles Turn back (6.79): Miss out Wolfstone Heights loop

Run 9. Cliff Wood, Mytholm Bridge, Thurstonland Bank, Kenneth Hall's Farm, Stocks Moor Rd, Storthes Hall, Farnley Rd, Thurstonland, Brockholes.

Neiley, Cliff Wood, Riverside footpath to Mytholm Bridge, Footpath to New Mill Rd, Footpath up Thurstonland Bank. Turn right on Occupation Lane, Halstead Lane to Kenneth Hall's Farm, Footpath to Stocksmoor Rd, Footpaths across railway line to Greenside Rd. Footpaths to Smith Wood (Behind Wood End Farm), Storthes Hall Complex along Thunder Bridge Dyke. Up steep hill to football field, Cinder track, playing fields to Farnley Rd. Joiners Shop, Footpaths to Hall Ing, Brockholes, Cliff Wood, Neiley.

6 miles Turn back (7.27): Greenside Rd, Blake House Farm, Ridge to Thurstonland, Duckhole, Cliff Wood, Neiley.

8 miles Turn back (8.9): Shorter Storthes Hall Loop, Cinder track, Wood Lane, Smith Wood, then Greenside Rd, Blake House farm, Thurstonland Ridge, Hall Ing, Neiley.

Run 10. Caravan Park, Cricketers, Oldfield, Hassacks lane, Magdale, Alpine Corner, Steps, Northgate, Honley Station, Gynn Lane, Hall Ing, West Wood, Hollinhurst, Neiley.

Neiley, Smithy Place, Riverside footpath to Caravan Park. Lancaster Lane, Hagg Wood, Dean Brook Rd, Cricketers. Track along side Cricketers to St Mary's Road, then Miry Lane. Footpath on left to Holmroyd Nook Stables. Path through Holmroyd wood to top of Miry lane. Down Oldfield Road to red telephone box. Paths across fields to Bradshaw Rd. Paths across to Meltham Rd. Paths across to Hassacks Lane. Turn left down Scotgate Rd, then right along track to Mill Ponds and into Spring Wood to Magdale. Paths to White Bridge and Cobbles, Alpine corner, Bottom of Hanging stone then turn right up 260 steps to Northgate. Honley Station, Gynn Lane, Hall Ing, West Wood, Hollinhurst, Marsh Platt, Neiley.

6 miles Turn back: At White Bridge follow paths back to Neiley.

8 miles Turn back: After Honley Station, Gynn Lane, Neiley.

Run 11. Neiley, West Wood, Honley Lane, Farnley Hey, Lumb Lane, Wheat Royd Lane, Clough Hall, Ashes Common, Hall Bower, Park lane, Northgate, Gynn Lane, Neiley.

Neiley, Marsh Platt, Hollinhurst, Hall Ing Lane, West Wood, Ludhill, across the stream to Glen farm and Ray gate Cottage. Turn left on Honley Lane, then right down path. At the end turn left across fields to Farnley Hey. Across more fields to Ogley. Cross road into Clough Hall Lane. Take paths on right straight down to Lumb Lane. Cross into fields leading to Molly Car Woods. Take path to left towards Royds House and then left into Sharp Lane. Cross Lumb Lane then fields leading to Molly Car Wood. Take path to left towards Royds House. Take path to left back to lumb lane. Turn right on lane leading to Three Oaks. Follow path linking with Wheat Royd Lane. Take path on left and follow across fields to Clough Hall. Keep to paths along tops to the Tower at Castle Hill. Down the steps to Hill Side, then follow paths across fields to Hey Lane. Cross road, then follow paths down to Northgate. Path round back of Honley Station to Gynn Lane. Turn left up Gynn Lane, paths to West Wood. Hollinhurst, Marsh Platt Lane, Neiley.

5 miles Turn back: After Ogley, round Castle Hill, paths across fields to Hey Lane. Cross road, then follow paths down to Northgate. Honley Station, Gynn Lane, Neiley.

7 miles Turn back: After paths to Lumb Lane, turn left down Lumb Lane towards Yew Croft. Take footpath marked on Left up the field with Mellor Wood on the right. Follow paths along tops to the Tower at Castle Hill. Down the steps to Hill Side, then follow paths across fields to Hey Lane. Cross road, then follow paths down to Northgate. Path round back of Honley Station to Gynn Lane. Neiley.

8 miles Turn back: Full route, but when back on Lumb Lane Take footpath marked on Left up the field with Mellor Wood on the right. Follow paths along tops to the Tower at Castle Hill. Down the steps to Hill Side, then follow paths across fields to Hey Lane. Cross road, then follow paths down to Northgate. Path round back of Honley Station to Gynn Lane. Neiley.