

# Track & Field Review 2018

## Senior Track and Field Awards 2018

### Best performance by a male

Position	Name of Athlete	Event	Time / distance	Points
1	Jacob Harman	400m	50.58	104
2=	Ted Chamberlain Will Lander George Orton	800m 200m 100m	1.57.33 22.60 11.20	101 101 101

NB: w = wind assisted

### Best performance by a female

Position	Name of Athlete	Event	Time / distance	Points
1	Ruby Sykes	800m	2:16.29	88
2	Naomi Harvey-Franklin	100m	12.8	85
3	Lauren Storr	Long Jump	5.06m	82

## Hallas Trophy

### Best Championship Performance in 2018

Ted Chamberlain - Bronze medal in North of England T&F Championships in the Under 20 Men's 800m with a time of 1:58.76

NB: A medal at Regional Level (Northern/Midland) out ranks a medal at County Level and a medal at National Level (including English Schools and inter-Counties) outranks a medal at Regional level.

### Top point scorer in the Northern Track and Field League

Male

Position	Name of Athlete	Points
1	George Orton	154
2	Craig Sheard	125
3	Jacob Harman	122

## Female

Position	Name of Athlete	Points
1	Naomi Harvey-Franklin	158
2	Lauren Storr	121
3	Katie Zientek	91

## Junior Track and Field Awards 2018

Age Group	Position	Top Points Scorer	Points	Position	Most Improved Athlete	Points added
U/11 Girls	1st	Imisi Greensides	128	1st	Imisi Greensides	4
U/11 Boys	1st	Tobi Greensides		1st	Joseph Redfern	
	2nd	Joseph Redfern		2nd	Tobi Greensides	
	3rd	Harry Baxter		3rd	Harry Baxter	
U/13 Girls	1st	Matilda Turner	217	1st	Matilda Turner	54
	2nd	Libby Pringle	178	2nd	Libby Pringle	25
	3rd	Seren Anderson	73	3rd	Seren Anderson	17
U/13 Boys	1st	Joseph Redfern	172	1st	Callum McFarlane	77
	2nd	Tobi Greensides	171	2nd	Joseph Redfern	68
	3rd	Calum McFarlane	146	3rd	Tobi Greensides	36
	4th	Lucas Hall	121			
U/15 Girls	1st	Mollie Scaramuzza	226	1st	Lauren Hirst	27
	2nd	Elena Inch	220	2nd	Olivia Evans	14
	3rd	Olivia Evans	194	3rd	Jessica Mear	11
	4th	Jessica Mear	192	4th	Mollie Scaramuzza	9
U/15 Boys	1st	Christopher Martin	182	1st	Kristian Green	16
	2nd	Kristian Green	181	2nd	Christopher Martin	8
	3rd	William Martland	102	3rd	William Martland	5
	4th	Harry Elliott	68	4th	Harry Elliott	3
U/17 Girls	1st	Zara Tyas	254	1st	Ella McFarlane	17
	2nd	Lydia Throssell	243	2nd	Lydia Throssell	11
	3rd	Ella McFarlane	218	3rd	Zara Tyas	10
	4th	Rebecca Martin	199			
U/17 Boys	1st	Matthew Mear	168	1st	Matthew Mear	11
	2nd	Callum Durrans	96	2nd	Callum Durrans	9
	3rd			3rd		

## Sprint Award (U20/Senior)

- 1<sup>st</sup> Craig Sheard
- 2<sup>nd</sup> George Orton
- 3<sup>rd</sup> Naomi Harvey-Franklin

## Track and Field Honours

### English Schools Track & Field Championships 13<sup>th</sup>/14<sup>th</sup> July 2018

NB: Selection for the English requires meeting stringent qualifying times

0 athletes were selected this year:

### Inter-Counties Track & Field Championships 28<sup>th</sup>/29<sup>th</sup> July 2018

1 athlete was selected this year:

Lydia Throssell in U15G 4X100m Relay

### Regional Championships

#### U20/Senior Northern Track & Field Championships 9<sup>th</sup>/10<sup>th</sup> June 2018

4 athletes competed this year:

1 medal won:

**Bronze:** Ted Chamberlain in U/20 Men's 800m (1:58.76)

Other performances:

George Orton	4 <sup>th</sup> in SM 110mH Final in 16.51secs
Jacob Harman	4 <sup>th</sup> in Heat 3 SM 400m in 51.71secs
Ruby Sykes	10 <sup>th</sup> in SW 1500m Final in 3:42.64

#### U13/U15/U17 Northern Track & Field Championships 11<sup>th</sup>/12<sup>th</sup> August 2018

3 athletes competed this year:

0 medals won

Other performances:

Isobel Richardson	7 <sup>th</sup> in H1 of U15G 1500m in 5:07.22
Kristian Green	3 <sup>rd</sup> in H2 of U15B 1500m in 4:41.49
Zara Tyas	4 <sup>th</sup> in U17W HJ final with 1.55m

#### Yorkshire Track & Field Championships, 12<sup>th</sup>/13<sup>th</sup> May 2018

16 athletes competed this year

4 medals won

**Gold:** Aaron Kettlewell in SM 1500m in 4:12.68  
Ruby Sykes in SW 1500m in 4:58.90

**Silver:** Ted Chamberlain in U20 Men's 800m in 1:57.72

**Bronze:** Jacob Harman in SM 400m in 50.58secs

**Other performances:**

Kristian Green	6 <sup>th</sup> in U15Boy's 1500m in 4:49.05
Mollie Scaramuzza	1.45m in U15G High Jump Final also 7 <sup>th</sup> in Heat 1 U15G 800m in 2:44.26
Zara Tyas	1.45m in U17W HJ Final 4 <sup>th</sup> in U17W 1500m Final in 5:12.19
Lydia Throssell	4 <sup>th</sup> in Heat 2 U17W 100m in 13.57secs 3 <sup>rd</sup> in Heat 2 U17W 200m in 26.62secs then 5 <sup>th</sup> in 200m Final in 27.75secs 5 <sup>th</sup> in U17W 300m Final in 44.65secs
Ella McFarlane	4 <sup>th</sup> in Heat 1 U17W 100m in 13.81secs 3 <sup>rd</sup> in Heat 4 U17W 200m in 227.76secs then 8 <sup>th</sup> in 200m Final in 28.50secs
Ruby Sykes	4 <sup>th</sup> in SW 800m in 2:20.94
Will Lander	5 <sup>th</sup> in SM 400m Final in 51.74secs
Pierre Lavell	5 <sup>th</sup> in SM 800m Final in 2:02.92
George Orton	5 <sup>th</sup> in SM 100mH Final in 15.99secs
George Orton	6 <sup>th</sup> in Heat 2 SM 200m in 23.70secs
Craig Sheard	7 <sup>th</sup> in Heat 2 SM 100m in 12.09secs
Alex Robinson	7 <sup>th</sup> in SM 5000m Final in 16:08.27
Steve Green	in SM 5000m Final in 16:35.38
Phil Hewitt	in SM 5000m Final in 16:48.62

**Yorkshire Combined Track & Field Championships 25<sup>th</sup> August 2018**

Cancelled due to shortage of qualified officials

**Yorkshire Veterans Track & Field Championships 23<sup>rd</sup> September 2018**

Just 1 athlete competed as fixture clash with Northern Road Relays.

**4 medals won**

<b>Gold:</b>	Ann Smith	in V55 3kg Hammer with 17.95m
<b>Silver:</b>	Ann Smith	in V55 Discus with 11.58m
	Ann Smith	in V55 3kg Javelin with 10.52m
	Ann Smith	in V55 3kg Shot with 5.40m

**West Yorkshire League T & F Championships 9<sup>th</sup> September 2018****6 medals won**

<b>Gold:</b>	Zara Tyas in U17W 200m in 27.90secs.
	Lydia Throssell in U17W 300m in 47.15secs.
	Zara Tyas in U17W 800m 2:19.67.
	Zara Tyas in U17W High Jump with 1.60m.
<b>Silver :</b>	Mollie Scaramuzza in U15G High Jump with 1.45m
	Lydia Throssell in U17W 200m in 28.45secs

**Other performances:**

Mollie Scaramuzza 8<sup>th</sup> in U15G 800m in 2:52.85.

## West Yorkshire Schools T & F Championships 9<sup>th</sup> June 2018

### medals won

**Gold:** Zara Tyas in IG High Jump with 1.58m  
Cara Inch in SG 800m in 2:28.61  
Juliette Branford in SG 1500m in 5:15.74

**Silver:** Kristian Green in JB 1500m in 2:16.70  
  
Lydia Throssell in IG 300m in 44.20secs.  
Frances Keddie in IG 1500m in 5:17.19

**Bronze:** Isabel Richardson in JG 1500m in 4:53.36  
Ella McFarlane in IG 200m in 28.34secs.

### Other Performances:

Olivia Evans 5<sup>th</sup> in JG Discus with 15.53m.

Still a disappointing turn out from the club's junior athletes especially when we have such high numbers on training nights.

## Yorkshire & District Athletics League

Phil Scaramuzza took on the responsibilities of Team Manager for 2018 with tremendous support from Jason Tyas and Marcus Throssell. There were significant gaps in most age groups, but those who trained regularly on Club nights showed improvement over the 4 competitions.

### Athletes who competed:

**U13B** Jack Sunderland, Lucas Hall.

**U15B** William Martland, Christopher Martin, Harry Elliot.

**U13G** Matilda Turner, Libby Pringle, Seren Anderson.

**U15G** Eleanor Oddy, Jessica Mear, Mollie Scaramuzza, Lauren Hirst, Hermione Hamilton-Smith, Olivia Evans.

**U17W** Lydia Throssell, Elena Inch, Zara Tyas, Olivia Dyson, Sophie Kettlewell.

**Holmfirth AC finished in 3<sup>rd</sup> place in Division 2 with 851 points.**

**Many thanks to officials and helpers who officiated at the Yorkshire and District Athletics League matches in 2018: John McFadzean, Marcus Throssell, Phil Scaramuzza, Jason Tyas, Kevin Johns.**

## Inter-League Representative Match - 3 athletes were selected to take part.

Jack Sunderland in U13B 75mH - 16.47secs

Mollie Scaramuzza in U15G High Jump - 1.35m

Zara Tyas in U17W High Jump - 1.63m

also in U17W 1500m - 4:56.81

## Northern Track & Field League

### Senior & U20 Top Point Scorers in the Northern League 2018

'A' position	1	2	3	4	5	6
points:	9	7	6	5	4	3
'B' position	1	2	3	4	5	6
points:	7	5	4	3	2	1

  

Men	League Match				Bonus Points	Total Points	Final Position
Name	1	2	3	4			
George Orton	26	42	39	37	10	154	1
Craig Sheard	33	30	24	28	10	125	2
Jacob Harman	37	28	19	28	10	122	3
Eddie Hinchliffe	33	17	17	31	10	108	4
Will Lander	0	28	31	29	5	93	5
Lavell Pierre	22	22	14	17	10	85	6
Kit Burgoyne	12	13	12	12	10	59	7
Ted Chamberlain	22	17	0	12	5	56	8
Phil Hewitt	10	13	10	7	10	50	9
Callum Durrans	0	7	6	7	5	25	10
Alex Robinson	6	0	5	5	5	21	11
Dave Watson	4	0	5	5	5	19	12
Seth Clavert-Green	0	14	5	0	0	19	12
Luke White	0	0	0	19	0	19	12
Niall O'Connell	0	0	7	8	0	15	15
Matthew Mear*	12	0	0	0	0	12	16
Aaron Kettlewell	0	6	6	0	0	12	16
Rob Hinchliffe-Smith	0	0	11	0	0	11	18
Richard Croft	0	5	6	0	0	11	18
Fionn Kerry	0	0	0	9	0	9	20
Tim Street	0	0	6	0	0	6	21
Isaac Shepherd	0	5	0	0	0	5	22
Luc Burnip	0	4	0	0	0	4	23

Women	League Match				Bonus Points	Total Points	Final Position
Name	1	2	3	4			
Naomi Harvey-Franklin	40	33	37	38	10	158	1
Lauren Storr	28	25	25	33	10	121	2
Katie Zientek	21	18	20	22	10	91	3
Zara Tyas*	13	19	26	0	5	63	4
Claire Leaver-Hewitt	16	7	9	7	10	49	5
Zoe Storr	16	13	12	0	5	46	6
Daisy Hinchliffe	9	8	7	12	10	46	6
Lydia Throssell*	15	12	11	0	5	43	8
Ella McFarlane*	13	11	12	0	5	41	9
Ruby Sykes	0	21	0	20	0	41	9
Ann Smith	3	0	4	6	5	18	11
Alannah Booth	0	0	9	9	0	18	11
Clare Locke	0	0	0	16	0	16	13
Maggie Sykes	7	0	0	5	0	12	14

Lucy Byram	0	10	0	0	0	10	15
Rebecca Martin	0	0	4	6	0	10	15
Vicky Rhodes	0	0	0	9	0	9	17
Genevieve Durrans	0	0	7	0	0	7	18
Lucy Farquhar	0	0	7	0	0	7	18
Helena Croft	0	0	5	0	0	5	20
Adrienne Dewhirst	0	2	0	0	0	2	21

**NB**

= Highest score of the day

**\*NB. Under 17's scores are in brackets as they are not eligible for the senior award**

**Points awarded for the relays as follows:**

<b>Team Position:</b>	1st	2nd	3rd	4th	5th	6th
<b>Points per athlete:</b>	8	6	5	4	3	2

**Bonus Points**

<b>4 matches:</b>	10
<b>3 matches:</b>	5

<b>Officials</b>	<b>League Match</b>				<b>Total</b>
<b>Name</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>Points</b>
Adrienne Dewhirst	8	8	8	8	32
Kevin Johns	8	8	8	0	24
Richard Szostak	0	0	8	0	8
John McFadzean	0	8	0	8	16
Ian Moore	8	8	0	8	24
Jonathan Sykes	8	0	0	0	8
Dan Shaw	8	0	0	0	8
Ann Smith	0	0	8	8	16
Steve Hewitt	0	0	8	8	16
Philip Sczarramusa	8	8	8	0	24
Jason Tyas	8	8	8	0	24
Marcus Throssell	8	8	8	8	32
Andy Storr	0	0	0	8	8

**Overall Standings:**

- 1. Blackburn 2. Holmfirth 3. Bolton 4. Spensborough 5. Bury 6. East Cheshire**

**A huge Thank you to:**

Adrienne Dewhirst, Kevin Johns, Richard Szostak, John McFadzean, Ian Moore, Jonathan Sykes, Dan Shaw, Ann Smith, Steve Hewitt, Alwyn Dewhirst, Phil Scaramuzza, Jason Tyas, Marcus Throssell and Julie Orton for officiating at matches.

Also, many thanks to Craig Sheard who organised the celebration evening following the 4<sup>th</sup> match at Spensborough. It was very well attended and enjoyed by everyone.

## West Yorkshire T & F League

This league continues to offer excellent value with 7 meetings including the championship at the end of the season.

It provides valuable competition for U11's through to senior athletes. The more events completed in each meeting and the more meetings attended are more likely to result in higher cumulative scores.

### **Best Cumulative Scores:**

	<b>Name</b>	<b>Points</b>
<b>U15's</b>	Kristian Green	19
	Mollie Scaramuzza	16
<b>U17's</b>	Zara Tyas	75
	Lydia Throssell	55
	Ella McFarlane	17

### **Overall Club Standings:**

Holmfirth Harriers AC finished in 3<sup>rd</sup> place in Division 2 with 262 points.

## New Club Records

### **7 club records set:**

Naomi Harvey- Franklin	12.8secs in SW 100m
Naomi Harvey- Franklin	67.1secs in SW 400m Hurdles.
Lauren Storr	5.06m in SW Long Jump
Zara Tyas	1.63m in U17W High Jump
Zara Tyas	1.90m in U17W Pole Vault
Zara Tyas	21.47m in U17W Hammer
Mollie Scaramuzza	21.09 in U15GW Hammer

## Trafford Grand Prix Meetings

Athletes competed in both the Endurance/Throws and Sprint/Jumps events leading to improved personal best performances. - Vital for those trying to get English Schools qualifying times/distances.

## Coaching

**Speed endurance sessions** - Put on by Alwyn Dewhirst throughout the summer at Leeds Road Track on Tuesdays and Thursdays. Differentiated for U17's to senior athletes and for 800/1500m and 3K/5K/10K.

**Speed endurance sessions** - Put on by Kath Farquhar at Leeds Road Track on Tuesdays and other venues on Thursdays. For U13's to seniors.

**Sprint sessions** - Put on by Lauren Storr and Craig Sheard on Tuesdays and Thursdays at Neiley throughout the summer - for U15's to senior athletes.



## **Club Nights Junior Track and Field sessions**

Huge numbers attending.

**Lead Coaches:** John McFadzean, Richard Szostak, Russell Kaye and Neil Dutton. Supported by: Tom Greensides, Zoe Oakes and Dan Stewart.

## **Monday Junior Track and Field sessions**

For U15/U17/Junior/Seniors competing in the athletics Leagues who want to try out events outside their specialism.

**Lead Coaches:** John McFadzean, Eddie Hinchliffe, Phil Scaramuzza and Craig Sheard.

**Helpers:** Ann Smith, Jason Tyas and Katie Zientek.

**Saturday Morning Club** - very popular with 60 youngsters registered.

**Coaches and group leaders:** John McFadzean, Richard Szostak, Russell Kaye, Craig Sheard,

**Qualified Young Leaders:** Olivia Evans, Ania Kukala, Abbie Ellis

**Star Track 2018** - Very successful with around 150 youngsters attending over the 3 venues at Scisset, Rowley Lane and Neiley.

**Coaches and Group Leaders:** John McFadzean, Robert Hinchliffe-Smith, Mollie Scaramuzza, Zoe Oakes

Eddie Hinchliffe, Daisy Smith, Lydia Throssell, Zara Tyas, Amy Kettlewell, Sophie Kettlewell and Chris Hobson.

## **Officials**

### **Kevin Johns - Time Keeper at International level 4**

**Kevin's record as timekeeper includes:**

Indoor open meetings, Northern Athletics Indoor Championships, British Athletics Indoor Championships and England Athletics Indoor Championships all held at the EIS, Sheffield.

Northern T&F League and West Yorkshire T&F League meetings held throughout the summer.

Yorkshire, Northern, National T&F Championships and Inter-counties T&F Championships.

### **Track Judges**

John Buckingham (L3) officiated at Northern League matches, WYT&F League meetings, West Yorkshire Championships and Yorkshire Championships.

Ian Moore officiated at Northern League matches.

### **Field Officials:**

Adrienne Dewhirst (L2), John McFadzean (L2), Richard Szostak (L2), Phil Scaramuzza (L2) officiated at League matches throughout the summer.

**NB: It is imperative that we encourage parents to do the officials courses as 2 qualified Field officials are needed in the team of 4. Also 1 track judge and 1 time Keeper for each Northern League match. If the club doesn't have the necessary officials we miss out on a minimum of 20 points.**