



## A Few More Rambling Comments from Your President (Missed off the Christmas edition)

Apologies for yet another “Ramble” but these got missed off the Christmas edition.

The end of the year saw some great social events for club members though for some exercise was involved as well!

The last three events of 2017 were the Tinker Cup, Christmas Party and Captains Run.

### Tinker Cup

This the oldest event in the club calendar, had a lower turnout then off late, whether this was due to how close the date was to Christmas this year or perhaps the sickness bug going round is



difficult to say but 57 made the start and all but two finished. This year the conditions were almost ideal for running, very mild and relatively dry underfoot, but with all the gates closed although there was little mud to contend with there were lots of obstacles to negotiate. As usual there was a fantastic atmosphere before during and after the race with a massive spread of food for all while waiting for the results. I think this was the 98<sup>th</sup> running of the race although the course has changed a number of times over the years with access becoming harder to obtain. At present the course of about 6.8 miles long, with what seems like a lot of uphill on the way out and thankfully downhill on the way back. It starts at Honley Cricket club and then makes it way to the top of Upperthong across the fields before plunging down Upperthong Lane, along Binns Lane before climbing up the steps back onto the track, Hill Lane and then returning via the reverse route to the Cricket Club. It was great to see so many younger members out and the Tinker Cup (handicap) was in fact won by Zoe Storr and the Ian Roberts Trophy by Mark Buckingham for I think the 14<sup>th</sup> time! Helen Berry was first lady again. First Vet

was Mike Fanning in 3<sup>rd</sup> position (left). If you haven't had a go at this event and you're capable of clambering over a few walls and gates, then you really should try it at least once!

Many thanks to Chris and Alison Whitelegg and all their army of marshals etc.

Full results will be available on the website.

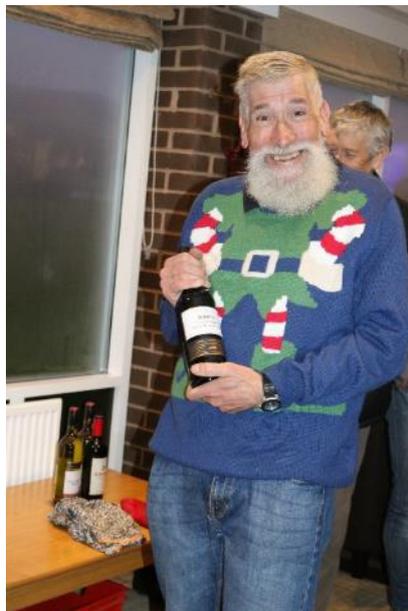


*Dianne Lee, 2<sup>nd</sup> on handicap*

Also after the race I had the privilege of making a presentation to Graham Ellis for reaching 50 years as a club member. Joining aged 12 he has probably been our greatest athlete of the last 70 years, while no longer running, Graham had an amazing career winning numerous races on CC and Road and posting some incredible times on the track. He still holds many club records and represented England 3 times at CC and GB 3 times on the road.



*Graham talking about his time with the club.*



*Liz Woodfield, Richard (elf) Whale and Chris Beadle show their handicap prizes. Chris has promised to wear the shorts next year so that should be worth seeing on its own!*

# Christmas Party

This was on the evening, after the Tinker Cup and about 100 members attended. Once again we had an excellent meal followed by a packed dance floor with some very energetic dancing mostly by the younger members but with one or two of the oldies also showing their “moves”. Mark Law in particular is always up for an energetic “workout”!



A



*few of the members at the Christmas Party*

All photos by Norman Berry and can be found at



<https://www.flickr.com/photos/hhac>

## Captains Run, Boxing Day

Members met at Neiley at around 9.00 am and after the usual free raffle set off at about 9.30 for this traditional off road run. The weather was grim, even John admitted as much but considering this and the number of members struck down with the various “bugs” going round this wasn’t bad. I wimped out at the first turn back, having to get back as had the family staying and leaving after lunch but a good crowd carried on for a bracing long run, followed by a visit to the Travellers Rest in Meltham where food had been put on. Well done to John for organising everything again.

## Yorkshire CC Championships, Lightwater Valley Theme Park

Those of us running at the Yorkshire CC Champs were rewarded by good running conditions, with only a few patches of mud, just to remind us it was CC. The undulating twisty course saw good numbers of runners although the illnesses that have been going round obviously cut them down from the actual number of entries. We had some excellent results and several Yorkshire Vests awarded to our runners. Highlight was probably the junior women’s team winning the trophy.

Top run from Helen Berry, in 7th in the senior women's race and also great to see 3 youngsters Aaron Kettlewell, Alex Robinson and Lewis Byram all coming in top 35 in the senior men's race.

In younger age groups many great runs but the girls U13 saw a real battle with Isabel Richardson 6th in same time as 4th and Imogen Wolff finishing 7th just 2 seconds behind. Elena Inch was just 11 seconds behind in 12th giving the team 3rd place. Well done to all who ran whether in the thick of the pack or further back!



*The victorious JW team*

*Lucy 3rd, Erica 7th and Amy 13th.*

## **A New Year and New Chances to Join In**

First up on the 14<sup>th</sup> January is the Soreen Stanbury Splash FR from Penistone Country Park, Howarth. Races start at 10.30 am for juniors. Goody bag to all finishers and prizes for fancy dress. Seniors start at 11.30 am. Junior races for 6 year old upwards over gradually increasing distances. The senior race is 12km but only has 400m of climb. For those that prefer to keep their feet dry or at least clean there is the Essar Half Marathon on the 21<sup>st</sup> of January or if you want something a bit more local and less distance we have the Dewsbury 10K coming up on 4<sup>th</sup> February and Huddersfield 10K on 25<sup>th</sup> February. If you want something even more local and even shorter why not have a go at the local Park Run in Greenhead Park. Every Saturday at 9.00am. Everyone from the very swift to walkers, so everyone should feel comfortable taking part.

Please keep a look out for my **Races Coming Up** email and try to take part in some of the events.

You don't have to be a fast runner to be a part of the club. Taking part in races, whatever your speed, keeps our club profile high and shows we are open to and welcome all abilities of runner.

Happy New Year Running,

Rob